

## Experiences Related to Learning Disabilities

*This information was reported to Monroe Products and The Monroe Institute by individuals and/or by professional practitioners about the use of Hemi-Sync® in the late 1990s.*

Dyslexia: Mr. and Mrs. G. had their first contact with the *Hemi-Sync* technology of The Monroe Institute in November 1992 and played the tape *Surf* over open speakers during television and play time for their son, Marcel. They also used *Surf* as background while Marcel was studying. By February 1993, Marcel began writing his first readable sentences. He knew and recognized with certainty every letter. At about the same time, he complained that playing *Surf* during study time distracted him. The tape *Concentration* was substituted.

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My ten-year-old grandson had been tested with an IQ of 70. That's borderline retarded. Since working with the *Concentration* tape, which he loves to listen to, he's getting straight As. Isn't that miraculous? He said to me, "Grandma, if I could take my magic tape to school, all my friends could get As, too."

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A psychologist reports excellent results from using *Super Sleep* for children with learning disabilities and/or attention deficits. With *Super Sleep* playing all night, parents and teachers observe better concentration and less irritability during the day.

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My students are learning disabled, socially and emotionally maladjusted, including multiple impairments of speech and sight. They responded very well to the H+ *Relax* and *Attention* tapes, self-initiating the cues they learned. The results include a marked increase in self-control and decidedly improved social interactions. The tapes have given these children a mechanism to deactivate their previously learned hostile and disruptive responses. The classroom environment has dramatically improved and—most important -the children now have a skill that will be theirs for life.

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Report from a speech-language pathologist. Parents have reported changes in their own reactions to their children when *Hemi-Sync* tapes are used at home. One mother stated she felt very relaxed, and less angry and impatient with her son's feeding problems. Another mother was initially quiet and withdrawn and often left the room during therapy sessions I conducted with her son. She was interested in using *Hemi-Sync* tapes at home because she knew her son was happier with the music [*Metamusic* tapes]. Within a month of regular *Hemi-Sync* use at home she was more outgoing, wanted to be present during therapy sessions, and offered more spontaneous comments about his progress and needs. Changes have also been observed in brothers and sisters. This was particularly evident when tapes were played for 45 minutes as children who shared a room were going to sleep. One sibling showed a reduction in bed-wetting and another showed major improvements in schoolwork.

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